

Opening Up Checklist:

Unlock front door
Turn off alarm
Turn on lighting for the gym
Turn on lighting in the kitchen
Turn on lighting in bathrooms
Check/ tidy kitchen benches

- ⇒ Place GFA lesson plans back in the fortnight tray
- ⇒ Stack other lesson plans above trays for coaches to collect or throw out
- ⇒ Wash any cups that were left from the night before Wipe and put away
- ⇒ Tidy the coaches folders in the shelving unit. Place any folder out of the shelving unit back

Check seating area for items/ rubbish left behind from the night before and place in bin or the lost property tub

Forecasted Cold Day

Turn on both heaters

Keep front door slightly ajar with a cone (mostly closed)

Forecasted Hot Day

Open all door around the gym
Turn on front fans from the power
box in the seating area
Turn on all other fans from power
switches around the gym
Turn on all air conditioners using
remotes stored in the kitchen

Place an iPad at front desk for sign in of gymnasts

Place a tablet at music shelving for background music during classes

Turn on background music and speakers